



Discipled for culture - Loneliness

This is never an easy topic, and we understand that this may bring up some very difficult feelings for you as you study together. Please be aware of one another's feelings within this time. Stop and pray as often as you need.

Read 2 Timothy 4:9-18

1. Susanna during the service reminded us that being lonely is different to being alone. You can be in a crowded room but still feel lonely. Think about this for a while as a group.
2. Read Matthew 28:20. Often when we think of loneliness, we think of someone who lives alone, maybe someone who has lost a loved one. If we have God always with us, can Christians still get lonely? Can Christians ever consider themselves lonely?
3. We've thought about what loneliness is, what can cause loneliness? What can cause loneliness in a church setting?
4. Kingsley spoke of how as a town we have lots of things to help counteract loneliness. Are there any things we can do to help one another counteract loneliness?
5. As a Christian community how can we help others who are lonely?